

# Nasal polyp

- Polyp is a morphological term which describes the shape of the lesion.
- Any pear shape lesion which has body fundus neck and a stalk is called polyp. Pathologically it could be any thing.

# Nasal polyp

- Nasal polypi are oedematous mucous membrane of nose and para nasal sinuses

Nasal polypi

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graph TD; A[Nasal polypi] --> B[Antrochoanal]; A --> C[Ethmoidal Or Mucous];
```

Antrochoanal

Ethmoidal  
Or  
Mucous

# Etiology

- Infection
- Allergy
- Vasomotor rhinitis
- AFS
- Aspirin hypersensitivity

# Nasal polyp

- In animal Kingdom it is only human and chimpanzee who suffer from nasal polyp
- It is the price we pay for standing on two legs

# Nasal polyp

- Asthma = Nasal polyp

# Symptoms

- Nasal blockage
- Constant nasal catarrh
- Anosmia
- Taste change
- Proptosis
- Nasal deformity
- Bleeding
- Blindness

# Clinical findings

- Gray white glistening masses
- Insensitive to touch
- Probe test
- Frog shape nose
- Proptosis



```
graph TD; Treatment[Treatment] --- Medical[Medical]; Treatment --- Surgical[Surgical];
```

Treatment

Medical

Surgical

# Medical

- Treat infection
- Treat allergy
- Steroids (local or oral)

# Surgical

- Simple polypectomy
- Internal ethmoidectomy
- External ethmoidectomy
- Transantral ethmoidectomy
- Endoscopic surgery

# Complications

- Infection
- Bleeding
- Nasal adhasion
- CSF leak
- Orbital truma
- Recurrence